



# Lithium toxicity symptoms mayo clinic

## What Is Lithium Toxicity?

Lithium toxicity happens when the amount of lithium in your blood is too high. Lithium is a medicine that is used to treat depression and bipolar d...

## What Causes Lithium Toxicity?

Toxicity can occur if you take a large dose of lithium at one time. Toxicity can also be caused by taking a slightly higher dose of lithium over ti...

## What Are The Signs and Symptoms of Mild to Moderate Lithium Toxicity?

1. Nausea and vomiting 2. Abdominal pain or diarrhea 3. Shakiness, especially in your hands 4. Muscle weakness 5. Lack of coordination of fingers,...

## How Do I Safely Take Lithium?

1. Take this medicine exactly as directed. Contact your healthcare provider if you miss a dose or you have any questions about how to take lithium....

## When Should I Seek Immediate Care?

1. You are confused. 2. You are having trouble staying awake. 3. You have signs of dehydration such as increased thirst, dark yellow urine, urinati...

## When Should I Contact My Healthcare Provider?

1. You have nausea, vomiting, abdominal pain, or diarrhea. 2. You are shaky. 3. Your muscles feel weak. 4. You have questions or concerns about you...

Managing elevated lithium levels requires prompt intervention based on severity, with a focus on preventing morbidity, mortality, and improving quality of life. For mild toxicity (1.5-2.0 mEq/L), ...

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